KANDUNGAN KURSUS

1) CPR Adult 1 Man/2 Man

2) CPR infant

3) Chocking Adult/ Chocking Infant

BAHAN KURSUS

1) Nota Kursus

Tentative program ialah seperti berikut :

ATURCARA KURSUS BASIC LIFE SUPPORT (BLS) SIRI 3/2026

Date	Time	Duration	Activities
	8.00am-8.15am	15 mins	Pendaftaran
	8.15am-8.30am	15 mins	Welcoming speech by Pakar Perubatan Kecemasan
	8.30am-9.30am	1 hour	Lecture -1 Pakar Perubatan Kecemasan (Airway Management)
	9:30am-10.00am	30 mins	Sarapan pagi
	10.00am-11:00am	1 hour	Lecture 2 –Pakar Perubatan Kecemasan (Basic Life Support)
	11:00am-1.00pm	2 hour	Practical Session- 10 mins/1 station • One man CPR • 2 man CPR • Paeds CPR • Adult chocking • Paeds chocking
	1:00pm-2:00pm	1 hour	Makan tengahari
	2.00pm-3.15 pm	1 hour 15 mins	(Theory Exam)
	3.15-4.15 pm	1 hour	Practical Exam • One man CPR • 2 man CPR • Paeds CPR • Adult chocking • Paeds chocking
	4.30-5.00 pm	30 mins	Penutup

CamScanner