

**ATUR CARA
LATIHAN PEMBANTU PERAWATAN KESIHATAN (PPK) MODUL 2
JABATAN KESIHATAN WILAYAH PERSEKUTUAN LABUAN**

Tarikh : Siri 1: 29 Jun 2026 (Isnin)

Siri 2: 30 Jun 2026 (Selasa)

Tempat : Bilik Respiratori, Jab. kecemasan & Trauma, Hospital Labuan

MASA	AKTIVITI	NOTA
7.30 pg – 8.00 pg	Pendaftaran peserta	Urus setia
8.00 pg – 8.30 pg	Taklimat Kursus & Buku Log	- Penyelaras - Fasilitator
8.30 pg – 9.30 pg	Silibus Fungsian: Mengambil dan merekodkan tanda vital (<i>Conventional & Digital</i>): - Suhu badan - Nadi pesakit - Pernafasan - Tekanan darah	Penceramah Vital Sign
9.30 pg – 10.30 pg	Silibus Fungsian: Mengambil dan merekodkan <i>Pain Score</i> .	Penceramah <i>5th Vital Sign (Pain Score)</i>
10.30 pg – 11.00 pg	Rehat	
11.00 pg – 12.00 tgh	Silibus Fungsian: Prosedur Diagnostik - Dextrostix	Penceramah Prosedur DXT
12.00 pg – 1.00 tgh	Silibus Fungsian: Prosedur Diagnostik - ECG	Penceramah Prosedur ECG
1.00 tgh – 2.00 ptg	Rehat	
2.00 ptg – 5.00 ptg	Sesi Praktikal	Fasilitator
5.00 ptg	Bersurai	